

Community Counseling Center

In 1959, Catholic Community Services opened the Community Counseling Center (CCC), the first outpatient community mental health clinic in the Mid-Willamette Valley. We serve our community's vulnerable children, youth, adults and families suffering from mental health challenges.

About CCS

Our mission: *We are a Christian ministry caring for all in our community, built on faith, hope and kinship.*

Catholic Community Services is a nonprofit, faith-based organization. Founded in Salem in 1938, today CCS offers 11 programs across 10 Oregon counties and serves more than 5,000 people each year.

We operate with fidelity to the Principles of Catholic Social Teaching. We do so without regard to anything other than the needs of the people we serve and their willingness to do everything they can for themselves.

Our values of love, justice, truth and freedom guide us to safeguard the dignity of all people, to embrace their giftedness and to focus on their dreams and aspirations.

To achieve our mission, our programs focus on four key outcomes: the people we serve enjoy safe, stable nurturing relationships; they enjoy good health; they possess the knowledge, skills and virtues they need to succeed at whatever is important to them in life; and they enjoy financial self-sufficiency.

Dedicated to providing the highest quality services, trauma-informed care and research-based practices, CCS is nationally accredited by the **Council on Accreditation** for Child and Family Services, Behavioral Health Services and Group Living Services.



Community Counseling Center

Service Location and Hours:

3737 Portland Rd NE, Salem, OR 97301

Open Monday - Friday, 8:00am to 5:00pm
Flexible appointment times are available during business hours

(503) 390-2600 Option 3 | ccc@ccswv.org

Catholic Community Services

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Catholic Community Services

Our Services

At CCC, we provide evidence-based practices that see all people as worthy of respect, who are capable of envisioning and realizing their own futures individually and in relationship to others. Our clinical practice focuses on trauma-informed, collaborative, systemic and resiliency-based theories and we provide individual, family and group therapy. It is our goal to build on each family's unique strengths to help them feel empowered and connected. We support and empower individuals and families to build on their competencies, resiliencies and preferences to achieve goals that they define. In conjunction with therapy, we also provide case management and advocate for our clients alongside our community partners.

We Commonly Help People Working Through:

1. Trauma and its Residual Effects
2. Abuse: Physical, Sexual, Emotional and Verbal
3. Intimate Partner and Domestic Violence
4. Depression
5. Self-Injury
6. Bipolar Disorder
7. Anxiety and Panic
8. Grief
9. Anger Issues
10. Attention Deficit Hyperactivity Disorder (ADHD)
11. Conflict in Relationships
12. Parenting Issues
13. Childhood Behavioral and Emotional Difficulties
14. Parent-Child Interaction Therapy
15. Divorce and Blended Family Issues
16. Adoption and Foster Family Issues
17. Dealing with Chronic Diseases
18. Oppression due to Gender, Race, Ethnicity, Sexual Orientation, Faith, etc.



Our Therapists and Staff

Our caring, culturally responsive staff is committed to strengthening families and helping children and youth succeed at school, at home and with their peers. Our services are proven to mitigate the risk of a child's removal from the home, hospitalizations and other higher levels of care. Our services also include Parent-Child Interaction Therapy for children ages 2-6.



Who is Eligible?

At CCC, we serve children, youth and adults from a variety of family settings, including those living with foster parents, relatives and single parents. We respectfully and confidentially welcome those of all faiths, ethnic backgrounds, sexual orientation and economic status.

CCC is a contracted provider of services for children, youth and adults covered by the *Oregon Health Plan*.

If you want to see a counselor at Community Counseling Center, find out if you are eligible or if your insurance will pay, call: **503-390-2600 Option 3** or e-mail: cccsupport@ccswv.org

If you are having an **emergency** and urgently need help, call 911.

If you're having a **mental health crisis** and need to know where to go for help, call the Psychiatric Crisis Center (PCC) (503)-585-4949 or the Marion County Youth & Family Crisis Services (503)-576-4673.

www.ccswv.org/community-counseling-center

