

**Strengthening Families™ Protective Factors\***

**Social Connections**

Children and adults with an extensive network of family, friends and neighbors have better support in times of need.

**Concrete Support**

Access to financial, housing, food and other concrete resources helps children and adults meet their basic needs.

**Knowledge, Skills and Virtues**

Children and adults discover the things that are most important to them in life and develop the knowledge, skills and virtues they need to succeed at those things.

**Resilience**

Children and adults learn to solve problems, get along with others, and overcome adversity.

**Social and Emotional Competence of Others**

Children and adults with the ability to effectively communicate and manage their emotions help others learn to get their needs met and get along with others.



\*Source: Center for the Study of Social Policy  
<http://www.cssp.org/reform/strengthening-families/the-basics/protective-factors>

# Fostering Hope Initiative

*fosteringhopeinitiative.org*

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Email: [FHI@ccswv.org](mailto:FHI@ccswv.org)

## *Collective Impact*

**FHI Executive Council**

The FHI Executive Council is a collective impact membership with a shared vision that all people experience healing, health, and hope leading to the successful life they envision. The Council mission is to support families and build neighborhood resilience to promote optimum safety, health, education, and wellness for children. Membership is open to anyone in the community willing to commit to FHI Executive Council Mission, Vision, and Theory of Change or to achieving our shared aspirations.

**FHI Multidisciplinary Care Team (MCT)**

The FHI Multidisciplinary Care Team is comprised of professionals representing service organizations from multiple disciplines who come together to collaboratively provide services to individuals and families with complex needs.

### Catholic Community Services

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# Fostering Hope Initiative

**Children. Adults. Families. Neighbors.**



*Imagine... every child and adult in every neighborhood lives in a safe, stable, nurturing home, is healthy, succeeds in school or work, and enjoys financial sufficiency.*

- Community Health Services • Residential Services
- Pregnancy Services

## Who We Are

Fostering Hope Initiative's (FHI) mission is to champion the positive development of children and adults, strengthen families, and build community. We work with families focusing on The Five Strengthening Families Protective Factors™, Social Determinants of Health and Trauma Informed Care. By providing services in the community, we are addressing barriers that limit a family's ability to access much needed services and resources.

FHI is committed to self-awareness, cultural humility, and the understanding and embracing of culture as central to competent service delivery. Self-awareness begins with an appreciation for the cultural identities that we hold and those of the individuals and families we serve. We have a responsibility to be aware of the dynamics and impact privilege and power have on service delivery and on the individuals, families, and communities we serve. We have a responsibility to learn, appreciate, and acknowledge the history, traditions, expressions, and value systems of those we serve. In doing so, we increase our ability to serve the multicultural community and advocate on behalf of marginalized populations.

## What We Do

Fostering Hope Initiative (FHI) provides health and human service navigation and care coordination to build community, decrease risk factors, and address the Social Determinants of Health. We are trusted community advocates, working to promote health and wellness through three primary service centers:

**Community Health Services:** services to individuals and families in neighborhoods and communities experiencing challenges related to the social determinants of health.

**Resident Services:** services to individuals and families in affordable and transitional housing.

**Pregnancy Services:** services to pregnant and newly parenting individuals.

# Fostering Hope Initiative



## Our Services

*Assisting individuals and families with:*

- Identifying and addressing needs and barriers
- Accessing and maintaining benefits such as Oregon Health Plan, SNAP, and WIC
- Translation and interpretation needs (Spanish and Chuukese)
- Locating and accessing:
  - resources and benefits
  - affordable long-term and transitional housing resources
  - tangible supports such as food boxes, clothing, diapers, and other goods and services
  - healthcare services such as medical, behavioral, dental providers
  - resources for employment and education related needs such as resume development, applications, GED and ESL classes
  - financial assistance to address emergent housing needs and public transportation costs
  - supports to address health and wellness goals
  - such as parenting, nutrition, and smoking cessation

## Community Events and Engagement

**COMMUNITY CAFÉS** are planned gatherings intended to bring together neighbors and community partners to enhance relationships and build community. FHI Community Health Workers facilitate regularly scheduled Community Cafés in Marion, Polk, and Linn County. Community Cafés provide an opportunity for social interaction, skill building, and community project planning.

### COMMUNITY EVENTS AND ACTIVITIES

FHI hosts and partners with local entities to offer a variety of events and activities that are designed to address identified needs in the community. Events have included but are not limited to community health fairs, vaccination clinics, coat/clothing distribution, educational workshops, community gardens, and exercise groups. For more information, visit our website and Facebook page.



## Getting Connected is Easy

For more information regarding Fostering Hope Initiative and Community Health Workers in your neighborhood or to make a referral, contact our office.

**503-390-2600**

**FHI@ccswv.org**

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