

Strengthening Families™ Protective Factors*

Social Connections

Children and adults with an extensive network of family, friends and neighbors have better support in times of need.

Concrete Support

Access to financial, housing, food and other concrete resources helps children and adults meet their basic needs.

Knowledge, Skills and Virtues

Children and adults discover the things that are most important to them in life and develop the knowledge, skills and virtues they need to succeed at those things.

Resilience

Children and adults learn to solve problems, get along with others, and overcome adversity.

Social and Emotional Competence of Others

Children and adults with the ability to effectively communicate and manage their emotions help others learn to get their needs met and get along with others.



*Source: Center for the Study of Social Policy
<http://www.cssp.org/reform/strengthening-families/the-basics/protective-factors>

Fostering Hope Initiative

fosteringhopeinitiative.org

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About CCS

Our Mission

We champion the positive development of children and adults, strengthen families, and build more resilient communities.

Catholic Community Services (CCS) is a non-profit, faith-based organization. Founded in Salem in 1938, today CCS offers 11 programs across 10 Oregon counties and serves more than 7,000 people each year.

CCS operates with fidelity to the Principles of Catholic Social Teaching, which calls us to work for the common good and to serve our neighbors who are the poorest and most vulnerable. Our services are offered to all those in need, with appreciation and acknowledgement of the history, traditions, and beliefs of our diverse community. Our values of Love, Justice, Truth, and Freedom call us to safeguard the dignity of all people, to embrace their giftedness, and to focus on their dreams and aspirations.

To achieve our mission, our programs focus on four key outcomes: the people we serve enjoy safe, stable, nurturing relationships; they enjoy good health; they possess the knowledge, skills, and virtues they need to succeed at whatever is important to them in life; and they enjoy financial self-sufficiency.

Dedicated to providing the highest quality services, trauma-informed care, and research-based practices, CCS is nationally accredited by the Council on Accreditation for Child and Family Services, Behavioral Health Services, and Group Living Services.

Catholic Community Services

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Fostering Hope Initiative

Children. Adults. Families. Neighbors.



Imagine... every child and adult in every neighborhood lives in a safe, stable, nurturing home, is healthy, succeeds in school or work, and enjoys financial sufficiency.

- Community Health Services • Residential Services
- Pregnancy Services

Who We Are

Fostering Hope Initiative's (FHI) mission is to champion the positive development of children and adults, strengthen families, and build community. We work with families focusing on The Five Strengthening Families Protective Factors™, Social Determinants of Health and Trauma Informed Care. By providing services in the community, we are addressing barriers that limit a family's ability to access much needed services and resources.

FHI is committed to self-awareness, cultural humility, and the understanding and embracing of culture as central to competent service delivery. Self-awareness begins with an appreciation for the cultural identities that we hold and those of the individuals and families we serve. We have a responsibility to be aware of the dynamics and impact privilege and power have on service delivery and on the individuals, families, and communities we serve. We have a responsibility to learn, appreciate, and acknowledge the history, traditions, expressions, and value systems of those we serve. In doing so, we increase our ability to serve the multicultural community and advocate on behalf of marginalized populations.

What We Do

Fostering Hope Initiative (FHI) provides health and human service navigation and care coordination to build community, decrease risk factors, and address the Social Determinants of Health. We are trusted community advocates, working to promote health and wellness through three primary service centers:

Community Health Services: services to individuals and families in neighborhoods and communities experiencing challenges related to the social determinants of health.

Resident Services: services to individuals and families in affordable and transitional housing.

Pregnancy Services: services to pregnant and newly parenting individuals.

Fostering Hope Initiative



Our Services

Assisting individuals and families with:

- Identifying and addressing needs and barriers
- Accessing and maintaining benefits such as Oregon Health Plan, SNAP, and WIC
- Translation and interpretation needs (Spanish and Chuukese)
- Locating and accessing:
 - resources and benefits
 - affordable long-term and transitional housing resources
 - tangible supports such as food boxes, clothing, diapers, and other goods and services
 - healthcare services such as medical, behavioral, dental providers
 - resources for employment and education related needs such as resume development, applications, GED and ESL classes
 - financial assistance to address emergent housing needs and public transportation costs
 - supports to address health and wellness goals
 - such as parenting, nutrition, and smoking cessation

Community Events and Engagement

COMMUNITY CAFÉS are planned gatherings intended to bring together neighbors and community partners to enhance relationships and build community. FHI Community Health Workers facilitate regularly scheduled Community Cafés in Marion, Polk, and Linn County. Community Cafés provide an opportunity for social interaction, skill building, and community project planning.

COMMUNITY EVENTS AND ACTIVITIES

FHI hosts and partners with local entities to offer a variety of events and activities that are designed to address identified needs in the community. Events have included but are not limited to community health fairs, vaccination clinics, coat/clothing distribution, educational workshops, community gardens, and exercise groups. For more information, visit our website and Facebook page.



Getting Connected is Easy

For more information regarding Fostering Hope Initiative and Community Health Workers in your neighborhood or to make a referral, contact our office.

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