

### **Strengthening Families™ Protective Factors\***

#### **Social Connections**

Children and adults with an extensive network of family, friends and neighbors have better support in times of need.

#### **Concrete Support**

Access to financial, housing, food and other concrete resources helps children and adults meet their basic needs.

#### **Knowledge, Skills and Virtues**

Children and adults discover the things that are most important to them in life and develop the knowledge, skills and virtues they need to succeed at those things.

#### **Resilience**

Children and adults learn to solve problems, get along with others, and overcome adversity.

#### **Social and Emotional Competence of Others**

Children and adults with the ability to effectively communicate and manage their emotions help others learn to get their needs met and get along with others.



\*Source: Center for the Study of Social Policy  
<http://www.cssp.org/reform/strengthening-families/the-basics/protective-factors>

# Fostering Hope Initiative

*[fosteringhopeinitiative.org](http://fosteringhopeinitiative.org)*

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## *FHI Executive Council Members*

Court Appointed Special Advocates (CASA)  
of Marion County

Catholic Community Services

Mid-Willamette Valley Community Action Agency

Family Building Blocks

Lancaster Family Health Center

Mano a Mano

Northwest Human Services

Options Counseling and Family Services

Liberty House

Salem Leadership Foundation

Marion & Polk Early Learning Hub, Inc

Marion County Health Department

Oregon Department of Human Services

Catholic Community Services

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# Fostering Hope Initiative

**Children. Adults. Families. Neighbors.**



*Imagine... every child and adult in every neighborhood lives in a safe, stable, nurturing home, is healthy, succeeds in school or work, and enjoys financial sufficiency.*

**Community Health Workers • Neighborhood Engagement  
Residential Services**

## Who We Are

Fostering Hope Initiative (FHI) is an approach to strengthen families, mobilize neighborhoods and promote optimum child and adult development.

Each neighborhood is served by a Community Health Worker who works with individuals, families and the community.

## What We Do

- Partner with you to assist your family to access services to meet your family's needs.
- Provide information and resources related to:

Childcare	Employment	Legal
Clothing	Financial Literacy	Medical Services
Counseling	Food	Pregnancy
Dental Services	Health & Wellness	Transportation
Education	Housing	Utilities
- Assist you and your family to enroll and/or maintain enrollment in Oregon Health Plan
- Act as a liason with schools, social services and medical providers
- Facilitate and/or refer to classes and workshops on:
  - Advocacy
  - Managing chronic health conditions
  - Mindfulness/Meditation
  - Nutrition and exercise
  - Parenting



## Fostering Hope Initiative



## Where We Are

### Elementary School Catchment Neighborhoods

- Auburn Elementary, Salem
- Hallman Elementary, Salem
- Independence Elementary, Independence
- Nellie Muir Elementary, Woodburn
- Swegle Elementary, Salem
- Washington Elementary, Woodburn
- Washington Elementary, Salem

### Residential Services

- Casa Adele Complex, Mount Angel
- Cornerstone Apartments, Salem
- East State Apartments, Salem
- Highland Station Apartments, Salem
- Highland Cottages, Salem
- Mill Creek Apartments, Salem
- St. Monica Apartments, Keizer

### Mental Health Services

- CCS Community Counseling Center

## Neighborhood Events and Engagement

**Community Cafés** are guided conversations based on the Strengthening Families Protective Factors™ Framework leadership development and parent partnership. Each FHI Neighborhood hosts a weekly, bi-monthly or monthly Community Café. The Protective Factors are the foundation that ensure neighborhoods are safe, nurturing, healthy places to raise a family.

**Protective Factors Events** are activities designed to address identified needs within your neighborhood. Events have included but are not limited to community health fairs, vaccination clinics, coat/clothing distribution, educational workshops, community gardens and exercise groups. Events will vary and are designed to address one or more of the following: building social connections, increasing knowledge, skills and virtues and resiliency, providing tangible supports and building social and emotional competence.



## Getting Connected is Easy

For more information regarding Fostering Hope Initiative and Community Health Workers in your neighborhood or to make a referral, contact our office at 503-390-2600 or by email [FHI@ccsvv.org](mailto:FHI@ccsvv.org).